



Mental Health Counselor

Job Summary:

The TOV Mental Health Counselors work to increase the total health and wellness of individuals and groups to promote optimum mental health. Counselors are responsible for the treatment of and prevention of any and all mental health disorders within the clinician's scope of practice. These may include: individuals with addictions and substance abuse; family, parenting, and marital problems; suicide; stress management; problems with self-esteem; and issues associated with aging and mental, physical, and emotional health.

Duties/Responsibilities:

- Maintain confidentiality of records relating to clients' treatment
- Evaluate clients' physical or mental condition based on review of client information.
- Collaborate with other staff members to develop and implement treatment plans based on clinical experience and knowledge
- Guide clients in the development of skills and strategies for dealing with their problems and discuss their plans for life after leaving therapy.
- Act as a client advocate in order to coordinate required services or to resolve emergency problems in crisis situations.
- Counsel clients and patients, individually and in group sessions, to assist in overcoming dependencies, adjusting to life, and making changes.
- Plan, organize and lead structured programs and workshops of counseling, work, study, recreation and social activities for clients.
- Meet with families, probation officers, police, and other interested parties in order to exchange necessary information during the treatment process.
- Refer patients, clients, or family members to community resources or to specialists as necessary.
- Evaluate the effectiveness of counseling programs and clients' progress in resolving identified problems and moving towards defined objectives.
- Modify treatment activities and approaches as needed in order to comply with changes in clients' status.
- Learn about new developments in their field by reading professional literature, attending courses and seminars, and establishing and maintaining contact with other social service agencies.





Mental Health Counselor Cont.

Required Skills/Abilities:

- Able to make professional evaluations, decisions, and recommendations for treatment planning and implementation.
- Able to work independently and as a positive member of a team.
- Able to establish and maintain effective working relationships with mentally or emotionally disabled persons and their families.
- Excellent written and verbal communication skills.
- Comfortable treating both routine and serious mental health illness.

Benefits:

- Insurance Credentialing
- PTO Package
- 401K Matching
- Medical Insurance

Education and Experience:

- Current practitioner license through the state's clinical therapy board, LPC or LCSW
- 3 years of experience in counseling or mental health services
- License in good standing

Physical Requirements:

- Prolonged periods of sitting, standing and walking.
- Must be able to lift more than 15 pounds at times.